

Michela Tripodi is a Licensed Professional Counselor (LPC) in New Jersey. She has a Master's degree in Clinical and Counseling Psychology and is completing a Ph.D. in General Psychology. Ms. Tripodi has been working with individuals, families, and groups for 14 years. Ms. Tripodi works in Community Mental health with families and individuals related to, but not limited to, Autism Spectrum Disorder and LGBTQ+. Ms. Tripodi ran an Intensive Outpatient (IOP) program for those struggling with Eating Disorders and created a successful IOP program geared toward college aged and older women. Ms. Tripodi is also a N.J. Emergency Screener and works with children and adults who are struggling with emergency mental health issues. Ms. Tripodi is also part of the Traumatic Loss Coalition (TLC) of Bergen County and responds to traumatic events involving children. Ms. Tripodi is also an Adjunct Professor teaching Developmental and Abnormal Psychology. Through her experiences Ms. Tripodi has had the opportunity to work with and help families become more preventative than reactive related to children and resiliency. Ms. Tripodi has helped countless families gain and use tools to help them develop coping skills so that they may lead successful happy lives.